

# MHDC - CHECK YOUR CHILD DAILY FOR SYMPTOMS OF COVID-19

**Complete this self-screening daily before sending your child to the daycare  
You will be asked for a verbal confirmation upon arrival to the center**

Keep us SAFE! Before sending your child to the daycare assess your child for NEW, WORSENING or UNEXPLAINED symptoms related to COVID-19. If you are concerned about your child's symptoms, consult your health care provider.

Common symptoms of COVID-19 include:



**FEVER**  
(temperature of 37.8°C or greater)

Yes  No



**NEW OR  
WORSENING COUGH**

Yes  No



**SHORTNESS  
OF BREATH**

Yes  No



**SORE THROAT OR  
DIFFICULTY SWALLOWING**

Yes  No



**ALTERED  
SMELL OR TASTE**

Yes  No



**NAUSEA/VOMITING, DIARRHEA,  
ABDOMINAL PAIN**

Yes  No



**RUNNY NOSE, OR  
NASAL CONGESTION**  
(unrelated to seasonal allergies,  
post nasal drip etc.)

Yes  No

**STAY INFORMED.**

Visit [york.ca/covid19](http://york.ca/covid19)

1-800-361-5653

75 Last Updated July 22, 2020

## Other less common symptoms of COVID-19 can include:

- |  |  |
|--|--|
| <input type="checkbox"/> Yes <input type="checkbox"/> No Tiredness, feeling unwell or muscle aches | <input type="checkbox"/> Yes <input type="checkbox"/> No Red/purple discolouration to hands, fingers, feet and/or toes, and skin may peel (COVID-toes) |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Worsening of chronic conditions           |  |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Chills                                    | <input type="checkbox"/> Yes <input type="checkbox"/> No Increased tiredness/fatigue   |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Headaches                                 | <input type="checkbox"/> Yes <input type="checkbox"/> No Difficulty feeding in infants   |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Croup                                     |  |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Pink eye                                  |  |

\* these symptoms are less common and may occur in children or people living with a developmental disability

**For an up-to-date list of all symptoms, visit [york.ca/covid19](https://york.ca/covid19)**

**If your child has underlying health conditions, share this information with your day camp, child care centre or school so they are aware of possible related symptoms.**

## If your child has new, worsening or unexplained symptoms related to COVID-19:

- Do not enter and return home immediately
- Seek assessment and testing as early as possible at a COVID-19 Assessment Centre and self-isolate while waiting for result
- If test result is negative, self-isolate for 24 hours after symptom resolution, unless you have been a close contact of an existing COVID-19 case in which case please follow instructions from York Region Public Health and isolate for 14 days since last contact
- If test result is positive or test is not completed, self-isolate for 14 days (including any members of your household or people you had close contact with from 48 hours before symptom onset) and contact York Region Public Health
- If parents/guardians have symptoms of COVID-19, do not enter the child care, day camp or school and seek assessment and testing at a COVID-19 Assessment Centre and self-isolate while waiting for result

**AN ACKNOWLEDGEMENT THAT YOU HAVE COMPLETED THIS SCREENING, A VISUAL HEALTH CHECK AND TEMPERATURE MEASURE WILL BE REQUIRED PRIOR TO ENTRY TO THE CHILD CARE**