

# MHDC COVID-19 STAFF, PARENT, SELF SCREENING

Complete this self-screening daily before sending your child to the daycare  
You will be asked for a verbal confirmation upon arrival to the center

Before entering, please assess yourself (and, if applicable, your child or other dependents) for symptoms of COVID-19.

## COMMON SYMPTOMS OF COVID-19 INCLUDE:



**FEVER**  
(Temperature of  
37.8°C or greater)



**NEW OR  
WORSENING  
COUGH**

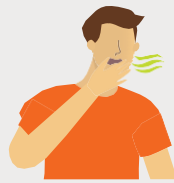


**SHORTNESS  
OF BREATH**  
(Dyspnea)

## OTHER SYMPTOMS OF COVID-19 CAN INCLUDE:



**SORE THROAT  
OR DIFFICULTY  
SWALLOWING**



**NEW SMELL  
OR TASTE  
DISORDER(S)**



**NAUSEA/VOMITING,  
DIARRHEA,  
ABDOMINAL PAIN**



**RUNNY NOSE, OR  
NASAL CONGESTION**  
Unrelated to seasonal  
allergies, post nasal drip etc.

**AN ACKNOWLEDGEMENT THAT YOU HAVE COMPLETED THIS SCREENING, A VISUAL HEALTH CHECK AND TEMPERATURE MEASURE WILL BE REQUIRED PRIOR TO ENTRY TO THE CHILD CARE**

For an up-to-date list of all symptoms, visit [york.ca/covid19](https://york.ca/covid19)

## IF YOU HAVE SYMPTOMS OF COVID-19:

- Do not enter and return home immediately
- Seek assessment and testing as early as possible at a COVID-19 Assessment Centre
- Self-isolate for 14 days (including any members of your household or people you had close contact with from 48 hours before symptoms)

## STAY INFORMED.

Visit [york.ca/covid19](https://york.ca/covid19)  
1-800-361-5653